

Tipton Leisure Centre 2026 Swimming Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00 - Lane Swim - Main Pool (120 min)	07:00 - Lane Swim - Main Pool (120 min)	07:00 - Lane Swim - Main Pool (120 min)	07:00 - Lane Swim - Main Pool (120 min)	07:00 - Lane Swim - Main Pool (120 min)	13:00 - Public Swim - Main Pool (60 min)	11:00 - Public Swim - Main Pool (90 min)
09:30 - Aqua fit - Main pool (45 min)	11:05 - Aqua fit - Main pool (45 min)	12:15 - Adult Swim - Main Pool (45 min)	09:00 - <u>AquaZumba</u> - Main pool (45 min)	12:15 - Adult Swim - Main Pool (45 min)	13:00 - Family Swim - Small Pool (60 min) *subject to bookings/pool parties*	11:00 - Public Swim - Small Pool (90 min)
12:00 - Adult Swim - Main Pool (60 min)	12:00 - Adult Swim - Main Pool (60 min)	12:15 - Splash Time (under 5's) - Small Pool (45 min)	11:15 - Disability Swim Session - Main Pool (45 min)	12:15 - Splash Time (under 5's) - Small Pool (45min)		12:30 - Public Swim - Main Pool (90 min)
15:00 - Disability Swim Session - Main Pool (45 min)	12:00 - Splash Time (under 5's) - Small Pool (60 min)	16:00 - Public Swim - Main Pool (90 min)	12:15 - Adult Swim - Main Pool (45 min)	15:00 - Public Swim - Main Pool (45 min)		12:30 - Public Swim - Small Pool (90 min)
19:00 - Public Swim - Small Pool (60 min)	19:30 - Public Swim - Main Pool (60 min)	17:30 - Public Swim - Main Pool (90 min)	12:15 - Splash Time (under 5's) - Small Pool (45 min)	19:00 - Costa Del Tipton - Main Pool (60 min)		14:15 - Ladies Only Swim - Main Pool (60 min)
20:00 - Aqua fit - Main pool (45 min)	20:30 - Adult Swim- Main Pool (60 min)	19:00 - <u>AquaZumba</u> - Main pool (45 min)	19:00 - Public Swim - Main Pool (90 min)	20:15 - Adult Swim- Main Pool (75 min)		14:15 - Ladies Only Swim - Small Pool (60 min)
20:45 - Adult Swim- Main Pool (45 min)		19:00 - Family Swim - Small Pool (60 min)	19:00 - Public Swim - Small Pool (90 min)			14:15 - Costa Del Tipton - Main Pool (60 min)
			20:30 - Adult Swim- Main Pool (60 min)			

Wellbeing
 Inclusion
 Community
 Excellence